

EVAN H. HIRSCH, MD

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EDUCATION

- Providence St. Peter Hospital (PSPH) Family Medicine Residency Program, Olympia, WA, July 2004-June 2007
- University of Toledo College of Medicine (UT), Toledo, OH, M.D. degree, Aug 1999-Oct 24, 2003
- Miami University, Oxford, OH, B.A. in History; Minor: Neuroscience, August 1994-May 10, 1998

LICENSURE, CERTIFICATIONS AND TRAININGS

- Fully licensed to practice medicine and surgery in the State of Washington, July 2006
- Board Certified, American Board of Holistic Medicine; December 2006
- Board Certified, American Board of Family Medicine; September 2007

Life Support Trainings

- Advanced Trauma Life Support, Seattle, Washington, June 23-24, 2006 (no exam)
- Pediatric Advanced Life Support, Olympia, Washington, March 11-12, 2006
- Advanced Life Support in Obstetrics, Tacoma, Washington, January 20, 2006
- Advanced Cardiac Life Support, Olympia, Washington, January 20, 2004

Complementary Trainings

- Mastering the Thyroid, Datis Kharrazian, DC, Apex Energetics, June 11-13, 2010
- Hormone Replacement Therapy, Jonathan Wright, MD/Tahoma Clinic staff, Seatac, WA April 2010
- A Comprehensive Course for Diagnosis and Treatment of Food Sensitivities, American Academy of Environmental Medicine (AAEM), Overland Park, KS, April 4-6, 2009
- The Diagnosis and Treatment of Inhalant Allergies/Sensitivities, AAEM, Overland Park, KS, April 2-4, 2009
- Defeat Autism Now! Clinicians' Seminar, Autism Research Institute, Chicago, IL, May 22, 2008
- Functional Medicine Forum on Cancer, Seattle, WA, February 2008
- Applying Functional Medicine in Clinical Practice, Institute of Functional Medicine, September 2007
- Nutritional Therapy in Medical Practice (Gaby AR, Wright JV), Las Vegas, NV, Jan 25-28, 2007
- Defeat Autism Now! conference, Autism Research Institute, Seattle, WA, Nov 2006
- Basic Proficiency in Chelation Therapy, American College for Advancement in Medicine, Nov 2005
- UCLA Medical Acupuncture for Physicians, Helms Medical Institute, 220 Hours, Nov-May 2004
- Kripalu Yoga Teacher Training, Basic Training Program, 200 Hours, Kripalu, Feb-March 2004
- Reiki Alliance, First Degree w/ Fran Freeman, Nov 2002; Second Degree w/ Norma Jean Young, Apr 2004
- Clinical Hypnosis Basic Training, American Society for Clinical Hypnosis, September 2002

PROFESSIONAL AND LEADERSHIP EXPERIENCE

Employment

- Physician and Owner, Hirsch Holistic Family Medicine, Olympia, Washington, October 2007-present
- Medical Director, Sound Cancer Connections, Olympia, Washington, Jan 2007-present
- Resident Physician, Providence St. Peter Hospital, Olympia, Washington, July 2004-June 30, 2007
- Yoga Teacher, once weekly, YMCA, Olympia, Washington, September 2004-April 2005

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CME Accredited Lectures and Activities

- Presenter, Starting an Alternative Practice, PSPH Primary Care Update, June 5, 2008
- Presenter, Integrative Oncology 101, PSPH Cancer Conference, Oct 2007
- Class Collaborator and Presenter, *Consciousness and Health*, The Evergreen State College (TESC)/PSPH Summer Course, July 2007
- Presenter, So you want to start a practice?, PSPH Primary Care Update, June 12, 2007
- Chair, PSPH Geriatric Half-Day Conference, CME Committee, June 2007
- Class Collaborator and Presenter, *Health, Why Not?* TESC/PSPH, July 2006
- Chair, Medical Acupuncture: An informal discussion with Dr. Joseph Helms, PSPH, July 2005

Family Medicine Residency

- Presenter, The Defeat Autism Now! Approach, Development/Autism Workshop, April 2007
- Chair, HIV Half-Day Workshop and Presenter of two lectures, February 2006
- Presenter, Acupressure in Daily Practice, September 2005
- Author, Check-Out Policy, reformation of check-out times and procedures, February 2005
- Presenter, The Physician-Pharmaceutical Company Relationship, November 2004
- Author and Collaborator, Night Float Proposal and Committee, 2004-05
- Facilitator, credentialing of Medical Acupuncture in Providence St. Peter Hospital, 2004

Medical School

- Creator, two organizations, a cappella group and Jewish Medical Society, 1999

VOLUNTEER LECTURES/POSITIONS

Local and International

- Guest Lecturer, Holism: A Practical Approach, UW-Tacoma Nursing School, January 9, 2009
- Guest Lecturer, The Ideal Micropractice: A Holistic Model, AMSA-HEART Reunion, April 2008
- Guest Lecturer, Holistic Medicine: A Wellness Model, PSPH Mini-Med School, March 11, 2008
- Guest Lecturer, Bio-Identical Hormones, Women & Hormones workshop, Olympia, WA, Nov 2007
- Guest Lecturer, Defeat Autism Now!, Wyatt Holliday Foundation, Tumwater, WA Oct 27, 2007
- President, International Naturopathy Organization, USA section, March 2007-present
- Guest Lecturer, Medical Acupuncture Demo, Mark Reed Hospital, McCleary, Washington, Aug 2005
- Guest Lecturer, Good Health Practices, for graduate course at The Evergreen State College, July 2005
- Guest Lecturer, Self-Care and Yoga, AmeriCorps Youths-in-service, Olympia, Washington, Dec 2004

VOLUNTEER/COMMUNITY SERVICE

- Medical Staff, Camp Leo, Diabetic camp for children, Shelton, Washington, Aug 18-19 2006
- Yoga Teacher, classes for Native Americans, Indian Health Service, Metlakatla, Alaska, Aug 2003
- Medical Missionary, surgical and medical care, Dominican Republic for 1 week, Sept 2001
- Music Therapist, songs on the guitar for pediatric patients, UT, Jan-Apr 1999

PUBLICATIONS, HONORS AND AWARDS

- What's the Deal with Vitamin D?, Hirsch Holistic Family Medicine Newsletter, Spring 2008
- St. Peter Family Medicine Resident Teaching Award, July 2006- June 2007
- High Fructose Corn Syrup, Why Not?, Residency Diabetes Newsletter, Fall 2006

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- Top Ten Tips for Reading Food Labels, Residency Diabetes Newsletter, Winter 2005
- Top Reasons to Stop the (Soda) Pop, Residency Diabetes Newsletter, Spring 2004
- Top Ten Tips for Surviving the Holidays, Residency Diabetes Newsletter, Fall 2004
- Diversity Poetry Award, UT/Medical University of Ohio, September 2002
- Dorothy Price Award (Medical Mission involvement), UT/Medical University of Ohio, 2001

RESEARCH EXPERIENCE

- Physician Consultant, *American Indian Elder Caregiver Health Study*, Center for Traditional Medicine, Olympia, Washington. Effectiveness of polarity therapy in reducing stress and improving the health of individuals who care for elders with dementia. Leslie Korn, PhD, Principal Investigator. Funded by National Center for Complementary and Alternative Medicine. May 2004-2006

PROFESSIONAL AFFILIATIONS

- Institute for Functional Medicine 2007-2009
- American Association of Medical Acupuncture 2006-2009
- American College for Advancement in Medicine 2005-2009
- Physicians for a National Health Plan 2003-2009
- American Holistic Medical Association 2003-present
- American Medical Student Association-Humanistic Medicine 1999-2004
- American Academy of Family Physicians 2002-present

LANGUAGE SKILLS

- Fluency in spoken and written Medical Spanish

SPECIAL INTERESTS

- Integrative, Holistic, Functional, Natural and Integral Medicine, Nutrition, Travel, Languages, Music, Guitar, Yoga, Spirituality, Musical Theater

REFERENCES

- Available on request